



1. Personal Information.

Name	Ahmed Saad Ahmed Shaban
Place of Birth	27-7-1986
Nationality	Egyptian
Address	Irbid
Mobile Number	0796315146
E-mail	a.saeed@inu.edu.jo

2. Academic Qualifications

#	Degree	Specialization	Rate	Language of study	University Name	Graduation Date
1.	PhD.	P.T. for women's health	Very good	English	Cairo university	2020
2.	M.A or M.Sc.	P.T. for women's health	good	English	Cairo university	2016
3.	B.A. OR B.Sc.	Physical therapy	Very good	English	Cairo university	2007
4.	G.S.E.C					
Field of narrow specialization for higher degree:						
Title of Master Thesis:						
Effect of Isometric hand grip exercise on blood pressure in preeclampsia						
Title of Ph.D. Dissertation:						
Effect of virtual reality on primary dysmenorrha						

3. Academic Experience

#	Position	Place of work	Period of work
1.	lecturer	Horus university-Egypt	3 years
2.	Assistant professor	Irbid national university-jordan	1.5 year
3.			



4.			
----	--	--	--

4. Membership in Academic Societies Associations

#	Name of Association	Place of Association	Specialty of Association
1.			
2.			
3.			

5. Conferences

#	Name of Conferences	Date of Conferences	Place of Conferences
1.			
2.			
3.			
4.			
5.			
6.			

6. Publish Research Paper

Name of Paper	Journal name	Date	Classification
Manual dexterity characteristics throughout the menstrual cycle in healthy female dentists: An observational study	Journal of taibah university medical science	2024	
The Dual effect of Nutrition and Physical Activity on Low Back Pain: An Exploratory Study	Cuest.fisioter	2025	
Unraveling the Link Between Gluteus Maximus Inhibition and Mechanical Low Back Pain: A Comprehensive Review	Cuest.fisioter	2025	



Efficacy of Lymphatic Drainage after Cryolipolysis on Abdominal Obesity in Post Menopausal Women	African journal of biological sciences	(2024)	
Effect of virtual reality on primary dysmenorrhea, ,	journal of literature review	2020	

7.Languages :

Arabic (For non - Arabic Speakers)
English: very good
Other Languages

I'M Ahmed saad shaban Hereby that all the foregoing statements above are true, and I bear complete legal responsibility .
Signature : Ahmed Saad
Place& Date: