



1. Personal Information.

Name	Rasha Mahmoud Hussain EL-Marakby
Place of Birth	Egypt
Nationality	Egyptian
Address	Irbid Jordon
Mobile Number	0777034448
E-mail	r.elmarakby@inu.edu.jo

2. Academic Qualifications

#	Degree	Specialization	Rate	Language of study	University Name	Graduation Date
1.	PhD.	Physical Therapy	2.9	English	Cairo university	2021
2.	M.A or M.Sc.	Physical Therapy	2.03	English	Cairo university	2015
3.	B.A. OR B.Sc.	Physical Therapy		English	Cairo university	2009
4.	G.S.E.C					
Field of narrow specialization for higher degree: Physical Therapy for Cardiovascular and respiratory disorders						
Title of Master Thesis: " Hematological parameters response to endurance exercise versus resistive exercise "						
Title of Ph.D. Dissertation: "lung boost training effect on ventilatory functions in choral singers"						

3. Academic Experience

#	Position	Place of work	Period of work
1.	Assistant professor in physical therapy at	faculty of applied medical sciences, Irbid National University, INU	From 2025 till now
2.	Lecture of physical therapy	Faculty of Physical Therapy, Ahram Canadian University.	(From 2023 till 2025)



3.	Lecture in physical therapy	Cardiovascular and Respiratory Disorders Department faculty of physical therapy, Sphinx university.	From(2022-2023)
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4. Membership in Academic Societies Assistance

#	Name of Assistance	Place of Assistance	Specialty of Assistance
1.	Participated in community services and environmental development councils	Faculty of physical therapy, INU university.	Community services and environmental development councils
2.	Participated in education and students' councils (2023, 2025).	Faculty of physical therapy, ACU	Education and students' councils
3.	Participated in the quality management	Faculty of Physical Therapy ACU	Quality management

5. Conferences

#	Name of Conferences	Date of Conferences	Place of Conferences
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			



6. Publish Research Paper

Name of Paper	Journal name	Date	Classification
<p>Lung Boost Training Effect on Ventilatory Functions in Choral Singers: A Randomized Controlled Trial, Fizjoterapia Polska / Polish Journal of Physiotherapy, 2021; 21(3): 144-149.</p> <p>-</p> <p>https://scholar.cu.edu.eg/sites/default/files/nessrie_n_elnahass/files/fp-3-2021-144-149-</p>	Poliska Journal		
<p>-Unveiling novel insights into Type 2 Diabetes management: a meta-analysis and statistical synthesis of nursing and physiotherapy intervention literatura</p> <p>E Shokr, R El Marakby, KAL Olimat, R Alqadi... - Retos: nuevas tendencias en educación física, deporte ..., 2025</p> <p>https://dialnet.unirioja.es/servlet/articulo?codigo=10197201</p>	Dialent Journal		
<p>: Short term effectevness of tibial nerve flossing technique in patients With tarsal tunnel syndrome</p> <p>BA El-Nassag, NM Abdelhakiem, AS Abdelhamid... - Journal of Back and Musculoskeletal Rehabilitation, 2025</p> <p>https://journals.sagepub.com/doi/abs/10.1177/10538127251338173</p>	- Journal of Back and Musculoskeletal Rehabilitation		

7. Languages:

Arabic (For non - Arabic Speakers)
English
Other Languages

اسم النموذج: السيرة الذاتية لعضو هيئة التدريس باللغة العربية

رقم النموذج: QA-AP-E-022

الجهة المصدرة للنموذج: عمادة الاعتماد والتطوير وضمان الجودة

قرار الإصدار وتاريخه: (2023/27/1) تاريخ 2023/9/3



I'M **Hereby that all the foregoing statements above are true, and I bear complete legal responsibility.**

Signature : Rasha EL-Marakby

Place& Date: 28/12/2025